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- A disintegrant comprising a substance which is solid at room temperature and has a water solubility of 30 wt.% or more at 37°C, a saturated aqueous solution of the substance having a viscosity of 50 mPa·s or less at 37°C.
- A disintegrant containing one or more substances selected from the group consisting of erythritol, trehalose, xylitol, and maltose.
- A solid composition containing a disintegrant as defined in claim 1 or 2.
- A solid composition containing a disintegrant as defined in claim 1 or 2, comprising a substance which is solid at room temperature and has a water solubility of 30 wt.% or more at 37°C, a saturated aqueous solution of the substance having a viscosity of 50 mPa·s or less at 37°C, wherein the amount of the disintegrant is 5-99 wt.% with respect to the total weight of the solid composition.
- A solid composition containing a disintegrant as defined in claim 1 or 2, comprising one or more substances selected from the group consisting of erythritol, trehalose, xylitol, and maltose, wherein the amount of the disintegrant is 5-99 wt.% with respect to the total weight of the solid composition.